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USDA BULLETIN BOARD

Broadcast by Ruth Van Deman, Bureau of Human Nutrition and Home Economics, and M. L. DuMars, Radio Service, in the Department of Agriculture's portion of the National Farm and Home Hour, Monday, November 15, 1943, over stations associated with the Blue Network.

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ANNCR: And here are Ruth Van Deman and Duke DuMars.

DUMARS: With the Department of Agriculture Bulletin Board...

VAN DEMAN: A report on citrus fruits.

DUMARS: An interview with a livestock specialist on ways to make the feed go 'round.

ANNCR: Plus the market report...Well, let's hear what's on the Bulletin Board. Ruth, do you have an item?

VAN DEMAN: I do, Mr. Weaver. About one of the four main ways to make food fight for freedom. Those four ways are "Produce and conserve -- share and play square." I want to say a word about "conserve". American women are out to starve the garbage can throughout the year. Well in advance of thanksgiving, the home economists of the Department are gathering practical suggestions for using any and all Thanksgiving left-overs, from meat and fat to bones and skin. These aren't new, but they're timely; as for leftover poultry meat -- it's good creamed on toast and in a pie topped with biscuit rounds, or with mashed potato, rice, noodles or spaghetti. It's wonderful as turkey a la king or chicken a la king. And even tiny bits can be mixed with mashed potato and shaped into cakes to brown in a little fat.

Left-over stuffing, meat, and gravy go together to make hash or scallop or an shepherd's pie. Or you may want to look up your recipe for risotto, an Italian dish that some of our soldiers are sampling overseas.

One of the best ways to prove our thankfulness at Thanksgiving is to make the most of all we have.

That's my Bulletin Board item. Duke, what's yours?

DUMARS: I have one very brief reminder about hogs. The War Food Administration reminds all farmers who have hogs to sell to keep in touch with the markets and to be sure, before shipping, that the hogs can be handled on the market.

That's all of the Bulletin Board.

Ruth, may we have that report on citrus fruit?

VAN DEMAN: You certainly may.

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